



RESOURCES

Some of these web sites are exclusively for parents; others have a parent resource section. This is not an all inclusive list, but a place for parents to get started.

These websites are provided for parents, not youth. They are for informational purposes only and do not represent an endorsement of specific organizations or materials.

ADVOCATES FOR YOUTH

advocatesforyouth.org

The Parents' Sex Ed Center on this web site has lots of helpful information on growth and development, starting conversations with your kids, advice from parenting experts, and other important topics such as internet safety, alcohol and sexual risk taking, and grandparents and other caregivers as sex educators.

KIDSHEALTH FROM NEMOURS

kidshealth.org

The parent site on this web site is awesome. KidsHealth.org is the #1 most-visited website for children's health and development. Not only is there a place for parents to get all their questions answered but there is also a place for kids and for teens. Searching this web site would be a great activity for you and your teen to do together.

THE NATIONAL CAMPAIGN TO PREVENT TEEN AND UNPLANNED PREGNANCY

thenationalcampaign.org

Click on the "Parents" link and you will find lots of downloadable documents that will help you to talk to your kids about sex and other relative topics. They also have a sister site called Stayteen.org which you might find useful for your teen or just to get more information about door opening topics.

PARENT ACTION FOR HEALTHY KIDS

parentactionforhealthykids.org

Parent Action for Healthy Kids is the organization who coordinates Talk Early & Talk Often. On this site you will find updates on health topics, including sex education and other interesting and pertinent articles to help you parent and connect with schools. You can sign up to receive regular updates.

THE PARTNERSHIP® AT DRUGFREE.ORG

drugfree.org

This is an anti-drug website, however the "Parenting Advice" link has lots of good parent information.

MICHIGAN DEPARTMENT OF COMMUNITY HEALTH

michigan.gov/teenpregnancy

The link "Information For Parents" contains useful and practical sources. In addition the "Information for Teens" will be helpful for teens and parents.

MICHIGAN DEPARTMENT OF EDUCATION

michigan.gov/hived

This website gives information about teaching HIV and Sex Education in Michigan Public Schools. On this web site parents can find out about the law, about school district Sex Education Advisory Board functions and their rights as parents.

OFFICE OF ADOLESCENT HEALTH

hhs.gov/ash/oah

The Office of Adolescent Health website features tips, facts, and information on federal resources and initiatives related to adolescent mental health, physical health and nutrition, reproductive health, substance abuse, and healthy relationships. Visit Conversation Generation, for tips and strategies on how to talk to your teens about sensitive topics like sex and relationships. Parents can also look at evidence-based programs for schools and communities to reduce teen pregnancy and other risky sexual behaviors. This site also has a national and state map with the latest statistics on adolescent health listed by topic and state.