

Lansing School District Virtual Schools Athletic Eligibility Guidelines

Student-athlete eligibility is determined at the end of each marking period and is based on minimum GPA requirements and number of classes passed. These standards are in addition to the MHSAA minimum requirements and apply to all students enrolled at Capital Area K-12 Online and the Lansing Learning Hub.

Students at our online schools are enrolled in **five classes** each semester. Students follow a modular block schedule and complete one class at a time before moving on to the next course on their schedule.

Full Eligibility

- Marking Period One & Three:
 - Pass a minimum of 2 classes with a 2.0 GPA or higher.
- Marking Period Two & Four*:
 - Pass a minimum of 4 classes and complete a minimum of 5 classes with a 2.0 GPA or higher

**Marking Period 2 & 4 are based on final semester grades in all classes. Cumulative GPA is irrelevant.*

Academic Alert

- If a student falls below a 2.0GPA at the end of a marking period, they will be placed on Academic Alert. Students on Academic Alert must meet the following requirement:
 - Maintain a 2.0 GPA by the end of each week on a weekly grade check.
- If a student on Academic Alert does not maintain a 2.0 GPA at all times in the class they are enrolled in, they will be ineligible for competition until they have at least a 2.0 GPA.

Ineligible

- A student who does not meet the academic requirements for classes passed at the end of any marking period, will be ineligible for the entirety of the next marking period.*
- Any student who is failing the class they are currently enrolled in will be ineligible for competition until they are passing a class they are enrolled in.

**Marking Period 2 & 4 are based on final semester grades in all classes. Cumulative GPA is irrelevant.*

Previous Academic Record

High School Students must have passed at least four (4) of six (6) or **66%** of full credit load potential during the previous semester in order to participate in the current semester. (First-time, first-semester 9th grade students are exempt). *This requirement is in addition to the minimum grade point average requirement and academic progress requirements.

Participant

A participant is a student who remains eligible for 50% or more of competitions **AND** finishes the season. This definition is used to determine if a student earns end of season awards and acknowledgements for their participation with a high school team.

Transfer Students

A student in grades 9 through 12 who was eligible at his/her previous high school and transfers to a Lansing School District school is generally not eligible to compete in an interscholastic contest unless the student qualifies under one or more of fifteen (15) MHSAA-published exceptions and all associated interpretations. Students transferring from one high school to another will be withheld from practice or athletic contests until eligibility approval is obtained from the Lansing School District Office of Athletics. This includes transfers from one Lansing School District High School to another.

Non-Traditional High School Students

The Lansing School District (LSD) follows Michigan High School Athletic Association (MHSAA) guidelines to determine athletic eligibility for students enrolled in LSD non-traditional high schools that do not offer sports. These schools include:

- Capital Area K-12 Online
- Lansing Technical High School
- The Lansing Learning Hub

These students are eligible to compete in athletics with our MHSAA Member High Schools (Everett, Sexton, Eastern), at their “base/boundary” school as long as they meet all other LSD and MHSAA athletic eligibility requirements.

● **All incoming 9th graders, new students to the district in grades 9-12, and any student who has never participated in athletics for a Lansing School District high school:**

○ Eligible to compete immediately at their “base” school as indicated on their enrollment packet. If a student wishes to change their “base” school after enrolling in the Lansing School District, they are subject to all MHSAA transfer regulations and Lansing School District policies.

- New students to the Lansing School District in grades 9-12 are required to follow all MHSAA transfer requirements, even if they are enrolling at a non-traditional high school.
- In-District Transfers to CAK12 Online, Lansing Tech, Lansing Learning Hub (9th-12th graders who transfer from one of our traditional high schools to a non-traditional high school):

- Only eligible to compete immediately at the Lansing School District high school they were previously enrolled at, unless they meet one of the exceptions listed by the MHSAA.

Questions?

Contact LSD Enrollment at PACE@lansingschools.net

Students not enrolled in the Lansing School District should not be in contact with coaches or athletic directors of the Lansing School District.

Current students should ONLY be in contact with the coach or athletic director of the school you are currently enrolled at, or the PACE office.

Undue Influence

The use of undue influence by any person directly or indirectly associated with a school to secure or encourage the attendance of a student at a Lansing School District school for athletic purposes, shall cause the student-athlete to become ineligible for a minimum of one semester and a maximum of one year. Further sanctions may be assessed to the offending coach or school and any suspected instances of undue influence must be reported to the LSD Central Athletics office immediately.

Attendance

He/she must be in regular attendance the day of the athletic practice or contest during the week and must be in attendance on Friday to participate in weekend contests. A student on outside suspension shall be ineligible from the time of the infraction until the time of reinstatement.

Enrollment

Students must have enrolled in school prior to the fourth Friday after Labor Day (1st half of the school year) or the fourth Friday of February (2nd half of the school year). A student must be enrolled in the school for which he/she competes.

Age

A student becomes ineligible for high school athletics if they are 19 years old before September 1st of the current school year. Middle school students must meet the following age limits to compete on middle school teams: 7th grade team – not 14 years old prior to September 1st, 8th or 7-8th grade combined teams – not 15 years old prior to September 1st.

Physical Examination/Disclosure

Students must have on file a MHSAA Physical Card and Medical History Form signed by a medical professional (M.D., D.O., or Physician's Assistant) and parent/guardian for the current school year (dated on or after April 15 of the previous school year) certifying that he/she is physically able to compete in athletic practices and contests prior to the first date of practice or tryouts.

Maximum Enrollment

A student shall not compete in athletics if they have been enrolled in grades 9-12, inclusive, for the equivalency of more than eight (8) semesters or twelve (12) trimesters. The seventh and eighth semesters or the tenth, eleventh, and twelfth trimesters must be consecutive.

Maximum Competition

A student, once enrolled in grade nine, shall be allowed to compete in only four (4) first semesters and four (4) second semesters, or four (4) first trimesters, four (4) second trimesters, and four (4) third trimesters. A student shall be limited to participation in only one MHSAA sport's season when that sport is sponsored twice during the school year.

Awards and Amateurism

Students cannot receive money or other valuable considerations for participating in MHSAA-sponsored sports or officiating in interscholastic athletic contests, except as allowed by the MHSAA Handbook. Students may accept, for participation in MHSAA-sponsored sports, a symbolic or merchandise award that does not have a value over \$40.00. Banquets, luncheons, dinners, trips, and admission to events, are permitted if accepted "in kind." Awards in the form of cash, merchandise, gift certificates, or any other negotiable documents are never allowed in any amount.

Limited Team Membership

A student who, after practicing with (including tryouts) or participating in an athletic contest or scrimmage as a member of a high school athletic team, participates in any athletic competition not sponsored by his or her school in the same sport during the same season, shall become ineligible for a minimum of the next three (3) days of competition and a maximum of the remainder of that season in that school year. However, during the seasons of bowling, cross country, golf, swimming & diving, tennis, track & field, or wrestling, an athlete may participate in a maximum of two (2) non-school meets, contests, or competitions while not representing his or her school only after notification to the Athletic Coordinator and Office of Athletics.

All-Star Competition

Students shall not compete at any time, in any sport, under MHSAA jurisdiction in all-star contests or those purported to be national championships, regardless of the method of selection. Participation in such a contest shall cause that student to become ineligible for a maximum period of one year of high school enrollment. Exceptions are made for bona fide Olympic Development Programs (ODP) that meet MHSAA guidelines. All exceptions must be approved through the Office of Athletics.