

Lansing Middle Schools 2023 Cross Country Schedule

Practices begin August 30, 2023

2023 Cross Country Calendar

Date	Meet Name	Location		Time	
9/14/2023 Thursday	Lansing Catholic inv	St Francis retreat	Dewitt, MI	TBD	
9/22/2023 Friday	Jackson MS & HS-JV Invitational	Ella Sharp Park	Jackson, MI	4:30 PM	
9/27/2023 Wednesday	Bath Middle School Invitational	Bath MS	Bath, MI	4:00 PM	
10/5/2023 Thursday	Country Mill CC Meet	Country Mill	Charlotte, MI	5:00 PM	
10/11/2023 Wednesday	Grand Ledge Invite	Fitzgerald Park	Grand Ledge, MI	4:30 PM	
10/16/2023 Monday	JR. Greater Lansing Cross Country Championship	Dewitt HS	Dewitt, MI	4:00 PM	
Girls run first this year.					

6th, 7th and 8th Cross Country Combined: (co-op)

AT Eastern, Post Oak, Pattengill, and Sheridan- Practice @ Eastern 3:30pm to 5:00pm

AT Sexton, Dwight Rich, Lewton, and Mt. Hope- Practice @ Sexton 3:15 pm to 5:00pm

AT Everett, Attwood, and Wexford- Practice @ Everett 3:15 to 5:00pm

AT Gardner and North- Practice @ Gardner 3:15 to 5:00pm

