

LANSING SCHOOL DISTRICT COVID-19 EXPOSURE PROTOCOL

COVID-19 POSITIVE

I am diagnosed with COVID-19 OR am considered presumptive positive.

What do I do?

QUARANTINE AND ISOLATE

Until your symptoms are getting better **and** you are fever-free (without fever reducing medication) for at least 24 hours.

You may return to school or work if:

- For 24 hours or more, you have had an improvement of symptoms, **and**
- For 24 hours or more, you have been fever free without the use of medication, **and**
- You follow strict mitigation strategies including wearing a mask and social distancing through day 5 upon your return

NOTIFY the COVID Coordination Team. Staff must also notify their direct supervisor.

IDENTIFY people who were in direct contact with you 48 hours before your symptoms began OR 48 hours before your first positive test if you are asymptomatic.

Day of exposure or positive test is day 0.

PRIMARY/DIRECT EXPOSURE TO A HOUSEHOLD MEMBER

Over the past 48 hours, I have been in direct contact with a household member who has tested positive for COVID-19.

What do I do?

QUARANTINE

No quarantine needed if you:

- are symptom free
- Participate in testing on days 3 and 5 following household member's positive test

If you develop symptoms, test at home **and** contact the COVID Coordination Team. **Do not** return to school or work for testing if you have symptoms.

Masks are optional but recommended in classrooms and crowded indoor settings.

NOTIFY the COVID Coordination Team of a household exposure.

PRIMARY/DIRECT EXPOSURE TO A NON HOUSEHOLD MEMBER

Over the past 48 hours, I have been in direct contact with a classmate (or a non-household member) who has tested positive for COVID-19.

What do I do?

QUARANTINE

NO quarantine needed if you:

- Are symptom free
- Monitor your symptoms for 5 days after exposure
- Consider testing on days 3 and 5 following exposure to the positive person.

If you develop symptoms, obtain a COVID test in the community and contact the COVID Coordination Team.

Do not return to school or work for testing if you have symptoms.

NOTIFY the COVID Coordination Team of a non-household exposure.

MASK GUIDANCE

Daily masks are **optional**. You may choose to wear a mask at any time.

You must wear a well-fitting medical-grade mask (N95 or KN95 mask preferred) through day 5 upon your return from a positive test or onset of symptoms.

COMMON COVID SYMPTOMS

- Fever > 100 °
- Sore throat
- New cough
- New headache
- Loss of taste or smell
- Diarrhea, vomiting or abdominal pain

COVID-19 RESOURCES

The COVID-19 Coordination Team (CCT)
(517) 755-1500 or CCT@lansingschools.net

Human Resources
(517) 755-2000 or hrdept@lansingschools.net