

### First Grade Instructional Minutes by Content Area

Below are the Lansing School District expectations for instructional minutes by content area to maximize daily **bell-to-bell** instruction in your classroom. There are 415 minutes in a school day. The framework below totals 315-355 minutes which leaves time for lunch, recess\*, and transitions.

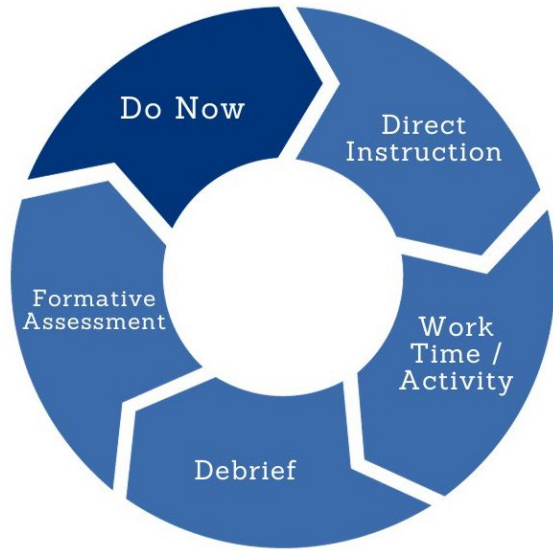
Subject Area	Essential Components	Resources	Minutes	Total Minutes
English Language Arts (ELA)	Phonemic Awareness	Heggerty	15	120-130
	Phonics	UFLI	45-55	
	Fluency	Amplify CKLA	60	
	Vocabulary			
	Comprehension			
Writing				
Mathematics	Numeracy Development	Go Math	15	75
	Concept Development		60	
	Skills Practice			
ELA/Math Intervention		95 Percent Group	30	
Science	NGSS Practices	Amplify Science: Animal & Plant Defenses Light & Sound Spinning Earth	30-60 Per day for Science and Social Studies or alternating each day	
	NGSS Disciplinary Core Ideas			
	NGSS Crosscutting Concepts			
	* These essential components are embedded in each lesson			
Social Studies Family & School		Michigan Open Book Project		
Specials (Library, PE, Art, Music)	Library		45	
	American Association of School Library Standards			
	PE			
	K-12 Physical Education Standards			
	Art and Music			
	Visual, Performing, and Applied Arts Content Expectations			
SEL		See approved list	15	
Assessment Skills / Test Prep		Embedded within ELA & Math Curricular Tools		

\*Per Michigan Legislation, recess time is not to exceed 30 minutes per day

## Writing: Every Subject, Every Day

Students benefit from using writing across varying subject areas. When students write about what they are learning, they can become more engaged and gain a deeper understanding of new information and concepts. Writing can also help students make connections and think critically.

### The Workshop Model



### Sample First Grade Schedule

8:55 - 9:10 AM	Breakfast & SEL
9:10 - 9:25 AM	Phonemic Awareness Heggerty
9:25 - 10:05 AM	UFLI Phonics
10:05 - 10:50 AM	Amplify CKLA
10:50 - 11:30 AM	LUNCH
11:30 - 1:05 PM	Math
1:05 - 1:50 PM	DIAFL
1:50 - 2:30 PM	Science / Social Studies
2:30 - 2:50 PM	RECESS
2:50 - 3:20 PM	Writing
3:20 - 3:55 PM	Intervention