



**Counseling & Crisis Services Referral List** [ClickHere](#)

**Employee Bereavement Support Program** [ClickHere](#)

**Employee Assistance Flyer** [ClickHere](#)

**December STAY WELL Free Virtual Support Groups by Age Group and Topic Areas** [Click Here](#)

**Winter SEL Guide: Support Students & Teachers During Winter Break with SEL** [ClickHere](#)

**Winter Break SEL Challenge** [ClickHere](#)

**Community Violence**

Community Violence: Reactions & Actions in Dangerous Times [ClickHere](#)

(Family Resource) Talking to Children About Violence: Tips for Families and Educators [ClickHere](#)

(Spanish Translation) Talking to Children About Violence: Tips for Families and Educators [ClickHere](#)  
(Contact OSC for Arabic, Amharic, Vietnamese and Somali translations of this NASP resource)

Supporting Students, Staff, Families, and Communities Impacted by Violence [ClickHere](#)

**Grief & Loss**

Grief Support for Children with Intellectual and Neurodevelopmental Disabilities [ClickHere](#)

Grief Over the Holidays: Educators Can Help Students Cope [ClickHere](#)

Supporting Our Students after the death of a family member or friend [ClickHere](#)

(Family Resource) Supporting Your Child after the death of a family member or friend [ClickHere](#)

**Trauma**

What is child trauma? [ClickHere](#)

Age-Related Reactions to a Traumatic Event [ClickHere](#)

Helping Youth After Community Trauma: Tips for Educators [ClickHere](#)

(Student Resource) Childhood Traumatic Grief Youth Information Sheet [ClickHere](#)

(Family Resource) Assisting Parents/Caregivers in Coping with Collective Traumas [ClickHere](#)

Childhood Traumatic Grief: Information for School Personnel [ClickHere](#)

Brief Information on Childhood Traumatic Grief for School Personnel [ClickHere](#)

Teacher Guidelines for Helping Students After Mass Violence [ClickHere](#)

### **Professional Learning**

[The National Child Traumatic Stress Network](#)

[FREE MSU Trauma Informed Remote Teaching Course](#)

### **Additional Resources for Educators**

<https://www.headspace.com/educators>

Self Care for Educators [ClickHere](#)

Preventing Suicide in Your Schools [ClickHere](#)