



**FIRST WEEK OF SCHOOL**  
BUILDING POSITIVE RELATIONSHIPS WITH STUDENTS



# Table of Contents

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<b>Letter from the Executive Director of Culture and Climate</b>	<b>01</b>
<b>Framework and Definitions</b>	<b>02</b>
<b>Effective Practices</b>	<b>06-07</b>
<b>Student Voice</b>	<b>08-09</b>
<b>Effective Practices</b>	<b>11-19</b>
<b>Activators and Closing Activities</b>	<b>21-23</b>
<b>Additional Activities</b>	<b>24-28</b>
Community	24
Academic Climate	24-25
Sense of Safety	25
Relationships	26
Positive Learning Environment	26-27
CHAMPS/DiSC	27-28
<b>Introduction To Sample Lessons</b>	<b>29</b>
<b>K-3<sup>rd</sup> Grade Sample Daily Schedule</b>	<b>30-36</b>
Day 1	30-32
Day 2-4	33-36
<b>4-6<sup>th</sup> Grade Sample Daily Schedule</b>	<b>37-47</b>
Day 1	37-41
Day 2-4	42-47
<b>7-12<sup>th</sup> Grade Sample Daily Schedule</b>	<b>48-57</b>
Day 1	48-50
Day 2	50-51
Day 3	52-54
Day 4	54-57

# Introduction

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We all look forward to the first week of school, which sets the tone for the rest of the school year. Dedicating the first week to developing positive relationships with students and staff improves school culture throughout the district. We must marshal all of our resources to make sure the students are safe, successful, and welcome every day of the school year. We need to do this important work to ensure our school culture and climate are optimal for growth and well-being.

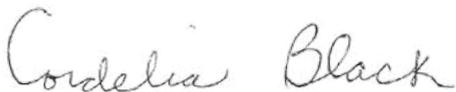
As we focus on our three district goals surrounding enrollment, attendance and graduation rates, we will start the year building a positive culture and climate by:

- Creating an academic climate
- Developing community
- Fostering relationships
- Establishing a sense of safety
- Creating an atmosphere of positive learning

This booklet has been designed to help facilitate those first four days (and beyond!) by providing a framework for thinking about school culture as well highlight a few strategies for implementing relationship-building in the classroom and school. We know this year is different as we return from screen to screen learning. Please use these relationship-building activities to promote student engagement.

I want to thank the previous administration and dedicated teachers for their contributions to this manual. Big thanks to the Communications Department who so creatively design all of our materials and think deeply about the impact of visual messaging.

Let's make this school year the best ever, for our students, teachers, school leaders, support staff, and community. We are, after all, the Lansing School District Family.



Cordelia Black  
*Executive Director of Culture and Climate*



## Framework and Definitions

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Culture and climate deals with the feelings about school that students have. Social Emotional wellness has to become as important, if not more so, than academics.

Research shows that **social and emotional learning** supports academic performance. Urban children experience numerous social emotional challenges that impact their academic performance or engagement in school. It is imperative that we address these issues intentionally to support academics.

**School culture** refers to the values, beliefs, norms, traditions, expectations, relationships, results, and symbols that guide the whole operation or mission of the school.

**School climate** refers to the physical, psychological, and emotional aspects of the school that are more susceptible to change and that provide the precondition necessary for teaching and learning to take place.

Researchers generally divide school climate into four dimensions: academic climate, community and relationships, safety, and institutional environment.



DO NOT CLIMB ON TOP WHILE VEHICLE IS IN MOTION

33







## Effective Practices For The First Week Of School And Beyond

Framework	Definition
<b>Academic Climate</b>	Includes factors such as high expectations and standards with instruction tailored to students' needs
<b>Community</b>	Demonstrating a respect for diversity, individuality, and partnerships, fostering a sense of belongingness for students
<b>Relationships</b>	The extent to which students feel connected to the classroom teacher, other students, and adults, as well as their contribution to the learning environment
<b>Sense of Safety</b>	Emotional and physical safety, the perception of order and discipline in the classroom environment
<b>Positive Learning Environment</b>	Asset-based environment in which students are praised and supported for positive attributes and decisions

Practice 1	Practice 2	Practice 3
Establish and maintain high standards for academic performance	Develop rules and norms for assignments and contribution to class	Demonstrate support for learning and engagement
Create shared rules and expectations for the environment and group interactions	Ensure collaboration with students on developing norms	Create a space for sharing and engaging with others in positive and meaningful ways
Help students to get to know and care for other students in the classroom	Give students opportunities to interact and engage with peers and teacher on relevant topics to personhood, society, and culture	Promote open and honest communication between students and teacher
Teach routines, behavior norm, values, and expectations for treatment of self and others	Create a climate of warmth, inclusion, mutual respect and safety	Develop a shared protocol for how to access support and resources for students if/when issues might arise
Encourage mutual care and reciprocal responsibility	Establish norms and routines for how peers can celebrate the work or behavior of others	Create a process for highlighting student performance and classroom contributions that is consistent and fair



# Student Voice

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## Student Voice

- Student Voice is the concept of students sharing their thinking, ideas, feelings and opinions which inform their learning and learning community.
- Student Voice is an instructional strategy which involves increasing the opportunities students have to talk to adults and peers about their learning.

Having the opportunity to express one's thoughts and ideas is critically important for cognitive development, social development, formative assessment, and motivation. (McCaslin & Good, 1996).

## Continuum of Voice

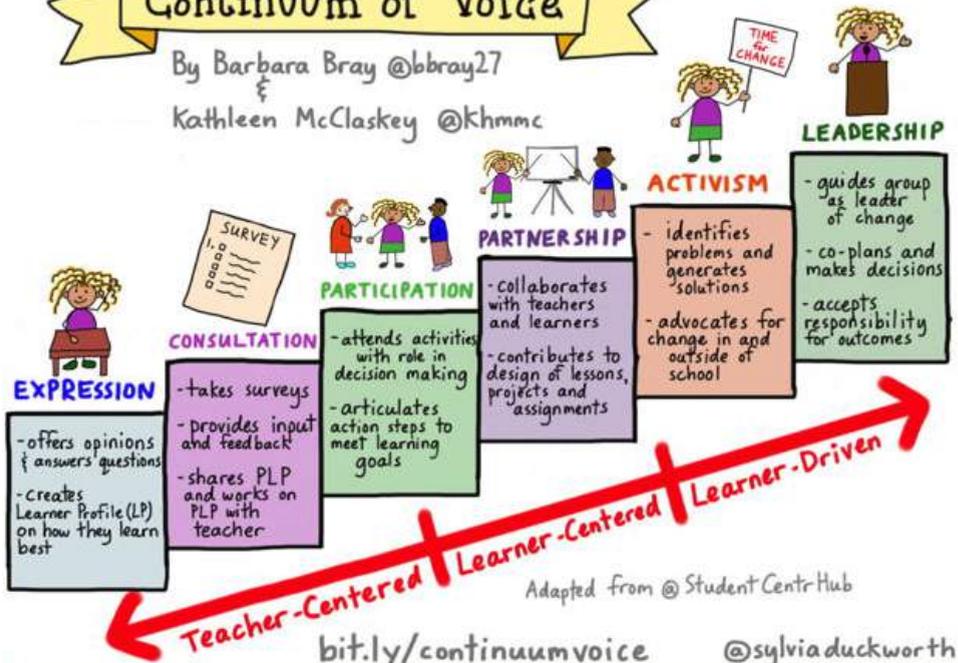
The continuum of voice serves as:

- a framework to plan opportunities for student engagement in learning,
- a way to reflect on where we find success
- a guide to our next steps for increasing student voices and engagement.

# Continuum of Voice

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&  
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Notes

## Prioritizing Opportunities for Student Voice

- Supports the Lansing School District and Board of Education goals of creating a positive community of learners, where students and staff feel safe, build positive relationships and community which is essential for an engaging and rigorous academic climate.
- Increases motivation and engagement which is key to achievement.

Throughout the First Week of School guide Student Voice is highlighted and supported in daily structures such as Project Based Learning (PBL), Morning Meeting and End of Class Reflection, and through instructional strategies and protocols such as student interest inventories, pair shares and group work.



Let's Talk!

9



# Effective Practices

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## *Developing and Maintaining a Positive Classroom Culture*

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."  
- Maya Angelou

Research suggests that students perform better academically when they feel they are known for their individual attributes and praised for their individual contribution to the classroom environment. Practice greeting students by name and checking in with them to see how their evening or weekend was. This will promote community and relationship development, while enhancing the student's experience in the classroom.

Additionally, the structure of the classroom sets the tone for community development and relationship building with students and teachers. Consider organizing the room in a way that welcomes community and engagement with others and structure activities around this to utilize the space for its intended purpose.

## **Establish Academic Routines to Teach and Reinforce Regularly**

Time spent teaching foundational academic routines mean that students can go much further with their learning as the year progresses:

- Use Interactive Modeling and role playing when introducing topics
  - Briefly state what you will model, and why.





- Model the behavior exactly as you expect students to do it (the right way, not the wrong way, and without describing what you're doing unless you need to "show" a thinking process).
  - Ask students what they noticed. (You may need to do some prompting, but children soon notice every little detail, especially as they gain expertise with this practice.)
  - Invite one or more students to model the same way you did.
  - Again, ask students what they noticed the modelers doing.
  - Have all students model while you observe and coach them.
  - Provide feedback, naming specific, positive actions you notice and redirecting respectfully but clearly when students go off track.
- Practice each day and model again as needed. Be patient as students learn.
  - Observe students carefully as they practice and offer reinforcement and reminders as needed
  - View mistakes as learning opportunities for student and coaching opportunities for you
  - Get students thinking - use open-ended questioning and problem solving
  - Have students reflect on what they have done
  - Help students understand what to do then they need help and you are not available (i.e. small group)
    - Ask 3 people
    - Physical reminder of no interruptions
    - "Do Not Disturb", red stop sign, wearing a tiara or special hat, stuffed animal

## Build Relationships

Getting to know each student is one of our primary goals. Helping students get to know each other is just as critical. For students to learn together, they must feel connected and safe enough to take risks.

- Greeting students at the door in the morning
- Talking about families and favorites at morning meetings, creating an All About Us bulletin board can support this goal
- By being responsive, supportive and aware of students who need extra support, or attention builds trust
- Communicating positive expectations
- Calling on students equitably, give them hints and opportunities to think about questions before moving on
- Showing an interest in your students' personal lives

### Build Excitement for Learning

- Help students think of themselves as capable learners by calling them "readers", "writers", "mathematicians", "scientists", "teammates"
- Reinforce what students are specifically doing well
- Nurture students interests and give students opportunities to make choices

### Set a Positive Tone for Learning

- Embed values of respect, kindness, inclusion, and safety that will inform the creation of classroom rules
- Engage in respectful conversations with students
  - Eye contact, warm calm voice
  - Listen attentively and use polite language
- Play games, sing songs, have fun
- Offer encouragement and support
- Create an environment where student feel comfortable asking questions and taking risks
- Watch for cues that students need help
- Display student work



- Make it a goal to display at least two pieces of work from each student by the end of the week. It could be a completed piece or a work in progress.
  - As students see their work displayed, they'll begin to feel a sense of pride in their efforts and a greater sense of belonging and significance in the classroom.
- Preview upcoming content
- Throughout the day, preview activities that are coming up in the subject area. For example, at the end of a math activity, you might say, "I noticed everyone enjoyed Pop-up Number, next week we are going to learn another activity Human Protractor that is just as fun". At the end of writing, you might say, "We're off to a great start as writers this year, pretty soon we'll be ready to make our first class book or write our first story!" This creates a sense of positive anticipation and helps set the stage for future success.



## Set Up Students for Early Success

- Keep activities short, varied, lively and successful for all abilities
- Model...
  - How to use manipulatives
  - How to share and listen to a partner's idea
  - How to answer questions and share with a partner during read alouds
  - Appropriate voice volume
  - Getting out/putting away materials
  - Choosing a 'just right' book
  - Getting the teacher's attention (for example, staying in seat and raising hand quietly)
- Frequently reinforce the correct way of doing these procedures

## Reinforce Language

Observe students' efforts and reinforce the positives that you see

- To the class: "You're coming up with so many ideas for how we can use our cubes in math this year."
- To a pair of students privately: "You took very good care of each other during your partner talk today. You each took turns speaking and really listening to your partner and also gave good suggestions."

## Teach Collaboration

Students' learning time is richer when they collaborate -and collaboration is crucial to success in today's world. Throughout the year, students will work with partners and in small groups sharing ideas, building with blocks, doing puzzles, quizzing each other on vocabulary/math facts, completing an assignment. Using [Interactive Modeling](#) to teach the following:



Let's Talk!



- Speaking Skills
  - Look at the person
  - Speak clearly - using a friendly tone and appropriate voice volume
  - Politely asking people to repeat what they said if you didn't hear them or understand
  - Share an idea and Stay on topic
  
- Listening Skills
  - Focus attention on the speaker
  - Keep body calm
  - Avoid interrupting
  
- Taking Turns
  - Have student practice the skill working in pairs. Use interactive modeling to show students how to do this. Have students practice and reinforce their efforts. Example: Students are in pairs practicing the math skill of skip counting using counters to create piles of 2. Students need to take turns making piles.
  
- Exchanging Ideas with a Partner (Partner Chats, Elbow Partner, Turn and Talk)
  - Example: Students are previewing books, they can each talk with a partner about one thing they notice.

## **Develop a Management Plan**

- Determine the Level of Classroom Structure
  - Consider teacher and student needs
  
- Develop and display classroom rules (3-6 positively stated)
  - Work these out with students - this give students a sense of ownership in the classroom - what do they look like in practice

- Correct Rule Violations
  - Respectful, verbal reminders, private discussion with student
- Establish Corrective Consequences
  - Implement consistently unemotionally; briefly stating the rule and consequence

## Develop Expectations for What Students are Doing When in Small Group.

**Build Community All Year Long** Routinely include strategies and activities in your lessons, such as [Save the Last Word for Me](#), that allow students to express their thoughts and ideas, build relationships, and practice collaboration. This will help grow and maintain a feeling of emotional safety in your classroom.

**Post Student Work** When displays of essays, poems, projects, and exams dominate the walls, there is student ownership of the room. When they look around and see their own writing and thinking, they certainly experience a higher level of comfort than if they see store-bought posters. That said, if informational posters are needed, ask your students to create them.

**Have Non-Negotiables** Along with classroom rules and procedures, students must know non-negotiables right out of the gate. My biggest non-negotiable? Name calling. This resulted in an immediate consequence (a call to the dean and removal from the classroom that day). Tackle name calling head on or else kids won't feel safe to be themselves, let alone learn.

**Admit When You Don't Know** Students appreciate when we show our humanity. Saying "I'm not really sure. Does anyone else know or might they like to look that up for us?" is powerful stuff.

**Read with Your Students** The message this sends: I like to read. I don't just tell you this and grade you on how much you read, I read





side-by-side with you. You see my facial expressions as I struggle to understand something difficult and you see when I feel emotion at a sad or funny part. I am a reader, too.

**Remain Calm at All Times** Once a teacher loses it with a class or student, it takes a long time to rebuild that feeling of safety and trust within those four walls. Step right outside the door and take a few breaths. It's worth it.

**Take Every Opportunity to Model Kindness** They will follow.

**Circulate** Mingling lets you monitor their work, yes, but it also gives you a close view of any tensions or negative energy brewing with groups or between students. Also, circulating gives you great opportunities to overhear a student sharing an idea or question that you can use with the whole class.

**Address Grudges Early On** If tension is building between a couple of students, create time and space for them to talk it out while you mediate.

**Write with Your Students** The message this sends: I like to write. I don't just tell you this and grade you on your writing, I write side-by-side with you. You see me struggle as I am drafting a poem or letter, and you see me contemplate new words, cross-out old ones, and take chances as I revise. I am a writer, too.

**Model Vulnerability** They will appreciate this. If we are asking kids to write and talk about times they have felt scared, alone, confused, etc., we need to be willing to do the same.

**Follow Through with Consequences** A consequence must proceed a non-negotiable. Students need to know there's a consequence for those serious infractions. They need evidence to believe they are safe in each classroom.

**Smile Often** The more smiles we offer to students, the more we will receive.

**Use Every Opportunity to Model Patience** They will notice.

**Give Kids a Chance to Problem Solve on Their Own** It's so much better when ideas and solutions come from the student. This is a chance for us to ask rather than tell: "What might be some things you can start doing so you complete your homework on time? How about I write them down as you tell them to me?"

**Laugh with Your Students** The message this sends: Learning doesn't have to always be so serious, nor do we. Sometimes, when tensions are high, like during testing or when crazy things are happening out in the world or on campus, we need to laugh together. It's okay.

**Offer Options** If we start an assignment with, "You will have three choices," kids may even get excited and are often much more willing than when we say, "The assignment is..." By giving kids choices, we send a message that we respect their decisions.

**Keep the Vibes Good** Practicing good self care is crucial for everyone. While rewarding, our work can be challenging. Acknowledge how you are feeling, collaborate with colleagues, take time to enjoy the things you love, and reach out if you need help.

**Sit with Your Students** Sitting in a chair made for a child is not the most comfortable thing for an adult. But joining a group of children at their table takes us off stage and let's us, even just for a few moments, become a member of the group. We might ask a strategic question, inquire about the group's project, or simply listen.

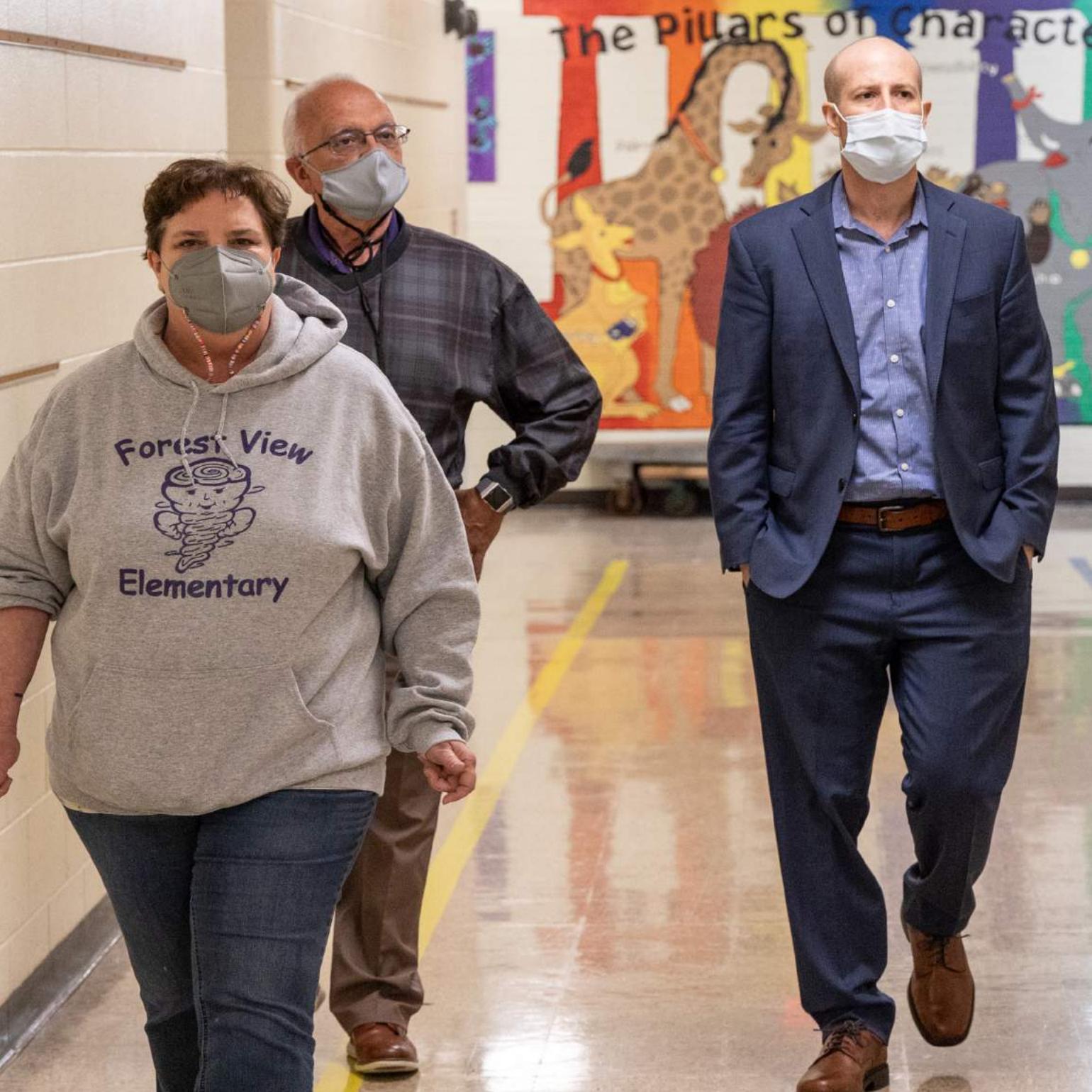
**Feed the Soul with Art and Music** Incorporate both of these routinely in your lessons.



Notes



Let's Talk!



Forest View  
Elementary

The Pillars of Character

# Activators and Closing Activities

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Identify and implement a closing activity as a routine to end the day or class time

- **Reflective Listening**

- Allow students to summarize what they learned in one phrase statements
- Allow other students to reflect what was heard from that student

- **Connecting with Others**

- Allow students to share with each other what they got out of the day/class and it might benefit them in the future
- Allow students to share something positive they noticed about another classmate during the day
- All students to journal with a writing prompt on topics such as (taking advantage of opportunities, giving back to others, family, friends, the future, fears, excitements, etc.)

**Note:** Each activity must include clear guidelines for sharing and participating based on CHAMPS/DiSC standards with clear expectations for each portion of the activity/exercises.

- **Mindfulness Moment**

- Coloring
- Listening to soft music and drawing a picture
- Journaling
- Deep breathing
- Guided imagery





- **Reflective Exercise**
  - Ask a daily prompt that students can write about for a few minutes
  - Share a TED talk video and provide an opportunity for students to discuss
  - Play a song and have students share what they believe it means
  - Show a piece of art (illustration or poem) and process with students its meaning
  
- **Story Sharing**
  - Allow individual students to share a brief story
  
- **Current Events**
  - What's in the News - highlight an idea, principle, or event in the news that may have an impact on the area, students, families, or others and have students think about its effect and how they might contribute to or diminish the result
  - What's the Weather - have the students in a circle and identify one student to share the weather for the day in a creative way. Students can have a table and chair and acts as the meteorologist and review the weather online or by sight and share with the class
  
- **Ice Breaker**
  - What's the Latest Dance - students can share the latest dance moves via a dialogue and discussion and take turns illustrating the dance moves
  - Silent Count - students are arranged in a circle as an entire class. Students are asked to close their eyes and to count to a number (the number of students in the classroom). All students have to participate and no student may say more than 1 number at a time (or in consecutive order). If more than one person says the number, the group has to restart.

- o Name That Tune - students are organized in a group and the teacher selects a few students to hum sounds or lyrics of songs that are predetermined by the teacher. Students are given opportunities to guess the song.



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## Additional Activities for Building Positive Culture

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### Community

- Students participate in a large family style discussion about learning environments and what is healthy and ideal spaces to learn. What should and should not be present in the learning space, what do they expect from their fellow students and the teacher and what they expect from themselves
- Students review a video on positive and negative interactions between classmates. Students are provided opportunities to reflect on the interaction (positives and negatives). Students share what engaging in positive and meaningful ways might look like with students and teachers and ways to correct one another when these behaviors are not being followed.
- Students create a trifold display representing their past, present, and future with a key describing each word or image. Students share the trifolds with teacher review and then put on students' notebooks.
- Students create "All About Me" presentations. Teacher models what the presentation should look like with a presentation of his/herself, then students follow suit. Presentations may include biographical info, favorite quotes, memories, inspirations, sports team, hobbies, dreams/goals, and important facts

### Academic Climate

- Teacher discusses with students the various ways to submit assignments and to contribute in the classroom during assignments, activities, or exercises.



- Teacher discusses a way that he/she likes to recognize student performance during the week by highlighting requirements for student of the week and the process for voting for students to identify this person as a collective group
- Students are able to ask the teacher questions on expectations for assignments. Teacher shares examples of high level assignments and low level assignments. Teacher provides the standard of the importance of always trying

## Sense of Safety

- Students are given the opportunity to share what makes them unique from others in the classroom or 1-2 things others might not know about them. The teacher and the student are encouraged to recognize and appreciate differences as a way to better diversity ourselves into well-rounded individuals.
- First, students individually describe an ideal classroom environment. Then students confer on the principles needed to accomplish the ideal classroom. A written behavior contract for the class is developed and all students sign the document and agree to uphold (this also includes classroom communication) "I will suspend my beliefs to listen to the perspective of others"
- Review the Student Handbook and highlight specific behaviors. Provide students with an opportunity to define and come up with scenarios for how these behaviors might look. Allow students to act out the scenarios and provide feedback for performance. Students then create table charts with definitions of the behavior and possible consequences for the behavior
- Teacher spends time discussing the available staff resources in the school, including support staff, clinics, RJ services, administrators, and locations of and how to access services for student needs. Teacher engages in a dialog for when/why these services might be useful



## Relationships

- Students are partnered together in small groups. Students are given the opportunity to develop a list of 20 similarities between the group members in 3 minutes. Students then reflect on similarities with the entire class. Teacher shares the importance of not making assumptions about others as we are more alike than different
- Students and teacher engage in an exercise that the students and teacher complete a writing assignment. Teacher provides her/his writing assignment on the screen to allow students to review and critique. Students then complete a written exercise where they critique one another.
- Provide an opportunity for community time where the teacher shares stories about his/her past, educational endeavors, family life, values and beliefs, and how these experiences shape them into their persona as a teacher. Teacher then allows students an opportunity to reflect on themselves and who they are

## Positive Learning Environment

- Students are provided definitions for mutual care and reciprocal responsibility. Then, students are allowed to operationalize these definitions in the context of the classroom environment. Students are encouraged to suspend negative comments about others and collectively agree on consequences for transgressions. These norms, along with other norms, are listed on the classroom wall
- Students collectively establish a style or representative way to celebrate one another when good things happen in the classroom (i.e. snaps, claps, phrases) and then they practice
- Students develop paper bags or boxes with decorations based

on their personalities. The box will be used for weekly notes from the teacher and students to one another to celebrate positive things that individual students accomplished during the week. At the end of each week, students check their boxes/bags as an activity before the weekend

Don't Forget about CHAMPS/DiSC!

## Teach CHAMPS/DiSC

The CHAMPS/DiSC acronym stands for:

- Conversation** Can students talk to each other during this activity?
- Help** How do students get the teacher's attention and their questions answered?
- Activity** What is the task/objective? What is the end product?
- Movement** Can students move about during this activity?
- Participation** How do students show they are fully participating? What does work behavior look/sound like?
- Success** When students meet CHAMPS/DiSC expectations, they will soar to success!

The key to CHAMPS/DiSC is that expectations are explained before the activity begins. Through modeling and practice, responsible school behaviors are taught.

In order for CHAMPS/DiSC to be successful, students need numerous opportunities to practice what each expectation looks and sounds like. One easy way to do this is to have the students act out scenarios, modeling examples and non-examples to show their friends. This provides them a fun way to learn expectations.

## Clarify CHAMPS/DiSC Expectations for ALL Areas

Once students have been taught what CHAMPS/DiSC looks like, then before each "activity," the expectations need to be explained.





- Opening/attendance routines
- Transitions
- Class meetings
- Teacher-directed instruction
- Tests/quizzes
- Small group instruction
- Centers/group activities
- Independent work
- Student collaboration time
- Silent reading
- When work is finished

This can be done before whole group, before students are doing independent work, before transitions between activities, and before guided reading/guided math and work-stations.

In addition to CHAMPS/DiSC, it is important to also positively praise and reward as much as possible when students are demonstrating the expectations. If students are not following the expectations, then teachers need to follow through with their classroom management system.



# Introduction to Sample Lessons

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The focus for the first week of school is on making sure that young students have a smooth transition from summer to school and feel welcomed, safe, and excited about learning.

## We Want Students to...

- Feel a sense of belonging and significance throughout the day understanding that they matter and have an important place in the newly forming learning community.
- Start to learn classmate's names, begin to connect with each other and build relationships.
- Learn and practice a few key routines.
- Experience a sense of excitement and competence about the academic work and learning ahead.

## We Want Teachers to...

- Arrange an Efficient Daily Schedule
- Create Positive Physical Spaces
- Use an Attention Signal
- Develop Relationships
- Design Effective Beginning and Ending Routines
- Incorporate CHAMPS/DiSC

The following pages illustrate sample daily schedules that can be used the first week and beyond for grades K - 12.



Let's Talk!



# K-3<sup>rd</sup> Grade Sample Daily Schedule

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## Day One Sample

### Have the Schedule and Learning Targets Posted

1. **Greet students at the door.** You need to have a positive and predictable presence.
2. **Nametags.** This sends an important message to every student that “you belong here”.
3. **Mindful Moment.** Create a few moments of calm to begin the day (puzzles, books, coloring, teacher choice) while students are eating breakfast.
4. **Teach signal for quiet attention.** Model body freeze or other to teach about a signal. **Examples:** *Chime, raised hand, rain stick, signal word, clapping pattern*
5. **Morning Meeting (carpet, circle, etc.) 10-15 minutes** Helps students meet their needs for belonging, significance, and fun right from the start, “This morning and every morning, we’re going to gather as a class to begin our day together.”
  - **Greeting** - Welcome each student, “Good morning, Sarah, Ben, Malika”.
  - **Group Sharing** - Sing a song
  - **Morning Message** - teacher written message - teacher reads, then everyone reads. “September 5, 2017, Good Morning! Today is our first day of school. I hope you have a great day!”
  - **Transition back to seats**
6. **Tour of the School.** Helps students feel more at home
  - Teach CRPBIS procedures and expectations for hallway behavior.
  - Visit the office, media center, lunchroom (teach and practice basic lunchtime procedures)
  - Take pictures of everyone you meet along the tour. Make a

book on Day 2. Have the kids help to dictate the text about each person who works at your school.

## 7. Snack

## 8. Literacy Block

- Read to self - students choose a book from book bins
- Teach and model procedures for using books, where to put your books, how to treat books, etc.
- Teach and practice "Turn and Talk" about one thing you read
- Energizer - help students get reenergized and refocused  
[Brainbreak](#)

## 9. Activity

Teacher reads sentence to class. Have students act out each sentence for 30 seconds. Jog in place as if a big scary bear is chasing you, walk forwards as if you're walking through chocolate pudding, jump in place as if you are popcorn popping, reach up as if grabbing balloons out of the air, march in place and play the drums as if you are in a marching band, paint as if the paint brush is attached to your head.

- Practice the signal - "How did we do with the signal?"
- Go over expectations for behavior

## 10. Writing

- Modeling - getting materials and putting them away
- Explore writing folders/journals/pencils
- Write/draw - One thing I like to do (teacher models)

## 11. Routines

- Teach, model and practice CRPBIS procedures and expectations for hallway, assembly, bathroom, going to the office, playground, cafeteria, going outside

## 12. Lunch (Adjust according to COVID-19 protocol)

- Assign seats or buddies for lunch
- Model what to talk about
- May want to stay with students first day to help with learning expectations



**13. Mindful Moment** 10-15 minutes to reset and have a smooth transition to afternoon learning

- Two - three choices - stop after 2-3 minutes to reflect on how this time is going (draw, color, whatever was done in the morning)

**14. Read Aloud** 10-15 minutes - Teacher read favorites or *The Bugliest Bug*, *You're Finally Here*, *First Day Jitters*, *The Name Jar*, *Dragons Love Tacos*, (a book about the first day of school), etc.

- Do a picture walk through the book, guide students in creating mental images of events, making predictions, ask open-ended questions, vocabulary. Model checking for understanding. Ask how might things be different if...
- Ask students to "turn and talk" to a partner about a question you have asked

**15. Math Block**

- Practice the signal - How did we do with the signal?
- Explore materials. Review rules for using math tools (stay on the table, out of your mouth, stay at your spot).
- Choose one math tool from GoMATH (i.e. Connecting Cubes)
- Reflect - What did you notice about this tool? What did you do with this?

**16. Dismissal Logistics** Build in time for end of day routines

- Take home folder- notes/forms for home
- Bus tags/walkers
- Gather coats and belongings
- Go over expectations for getting the room ready to leave - chairs up, papers picked up, etc.

**17. Closing Circle** (carpet, circle, etc.) Finishes the day on a positive note and reminds students that they are part of a community.

- Reflection - invite each student to share one thing they enjoyed about school today or what puzzled them.
- Group cheer - Hooray for Room 5 learners, writers, readers, etc.

**18. Dismissal** Teach CRPBIS procedures and expectations for dismissal behavior.

# K-3<sup>rd</sup> Grade Sample Daily Schedule

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## Days Two - Four Samples

### Have the Schedule and Learning Targets Posted

- 1. Greet students at the Door** You need to have a positive and predictable presence.
- 2. Mindful Moment** Create a few moments of calm to begin the day (puzzles, books, coloring, teacher choice) while students are eating breakfast.
- 3. Establish Arrival Routines and Practice Signal for Attention**
- 4. Model Procedure for Transitions**

Teach expectations, give warning, teach what to do after the warning, set an amount of time (sing, count, practice math facts)
- 5. Morning Meeting** Meet at the carpet, circle, etc.) 10-15 minutes  
Each day will follow the same routine.
  - Greeting - Welcome each student, "Good morning, Sarah, Xavier, Malika".
  - Group Sharing
  - Clapping Game. Students will play a game that will help them learn each others' names. Student will say their name and the whole class will say the name and clap out the syllables together. Model with your own name.
  - Positive Learning Environment Students collectively establish a style or representative way to celebrate one another when good things happen in the classroom (i.e. snaps, claps, phrases) and then they practice
  - Teach listening and speaking skills (see Teaching Academics)
  - Sing a song
  - Morning message - teacher written message - teacher reads everyone reads.



Notes



Let's Talk!

- Explain why we do Morning Meeting and set up some expectations
  - Transition back to seats - Model and re-model
- 6. Teach CHAMPS Routines** - See Academic Routines–Teaching CHAMPS/DiSC
- 7. Energizer** help students get re-energized and refocused  
[Brainbreak](#)
- Sense of Safety: Students are given the opportunity to share what makes them unique from others in the classroom or 1-2 things others might not know about them. The teacher and the student are encouraged to recognize and appreciate differences as a way to better diversify ourselves into well-rounded individuals
- 8. Recess**
- Model and practice CRPBIS routines - how to walk in the hall respectfully
  - Play a game, teach procedures for lining up
  - Practice the signal
- 9. Literacy Block**
- **Activity 1** Talk about the focus of literacy this year. Whole class, guided reading, shared reading, independent reading. Students do independent reading. Around the Circle sharing - One thing I liked about my book.
  - **Activity 2** Group work - Model expectations for working in a group. Give students the opportunity to work together with a small group using books.
- 10. Lunch (Adjust according to COVID-19 protocol)**
- Assign seats or buddies for lunch
  - Talk about expectations and model what to talk about with buddies
- 11. Mindful Moment** 10-15 minutes to reset and have a smooth transition to afternoon learning
- Two - three choices - stop after 2-3 minutes to reflect on how this time is going (read, draw, use counters or other math tools introduced)
- 12. Read To** 10-15 minutes - Teacher read favorite or The Bugliest

Bug, You're Finally Here, First Day Jitters, The Name Jar, Dragons Love Tacos, etc.

- Ask students to “turn and talk” to a partner about a question you have asked

### 13. Writing

- Practice routine for getting materials and putting them away
- Review writing folders/journals/pencils - Start to teach procedures about the writing process
- Write/draw about favorite foods

### 14. Math Block

- Practice the signal
- Skip counting energizer
- Model taking turns with counters and use them to practice skip counting or other tools

**Guided Discovery** Introduce a math manipulative (interlocking cubes, tablet, computer etc.) This is an inviting way to introduce students to materials, classroom or school areas or activities. You may use this to introduce a learning center, a specific material, or an activity.

- Introduction - the teacher names the material, area, or activity in a way that piques students' curiosity.
- Generating and modeling ideas - the teacher asks for student's thoughts on how they might use a material or area or do an activity and then models a few of their ideas.
- Exploration - Students actively explore and try out various ideas while the teacher observes, reinforces, and redirects if necessary.
- Sharing - Students share their explorations and observations in response to a focused question from the teacher
- Cleanup and care of materials - When the Guided Discovery is complete, the teacher asks students for ideas on how to up away materials and clean up work areas.



Notes



Let's Talk!

- Reflection - students talk about how the activity went and what could be done differently next time

**15. Dismissal Logistics** Build in time for end of day routines

- Take home folder
- Bus tags/walkers
- Go over expectations for getting the room ready to leave - chairs up, papers picked up, etc.
- Gather coats and belongings
- Transition to the circle

**16. Closing Circle (carpet, circle, etc.)** Finishes the day on a positive note, gives time for reflection and reminds students that they are part of a community (link)

- Talk about purpose of closing with students
- Teach listening and speaking skills (see Teaching Academics)
- Around the circle - something fun from today.
- Group cheer - Hooray for Room 5 learners, writers, readers, etc.
- Dismissal - Review and model CRPBIS procedures and expectations for dismissal behavior.



# 4-6<sup>TH</sup> GRADE SAMPLE DAILY SCHEDULE

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## DAY ONE SAMPLE

### HAVE THE SCHEDULE AND LEARNING TARGETS POSTED

1. **Greet students at the Door** You need to have a positive and predictable presence.
2. **Mindful Moment** Create a few moments of calm to begin the day (puzzles, books, coloring, teacher choice) while students are eating breakfast.
3. **Procedures for attendance and lunch**
4. **Nametags** sends an important message to every student that “you belong here”. Have students design their own special nametag with important symbols to them.

5. **Personal Surveys**

Have students complete a brief personal survey.

- What are three of your favorite books?
- What are some things you like to do on the weekend?
- What are two important things you learned last year?
- What is your favorite subject in school
- If you could meet any famous person, who would it be?
- What are some important people in your life?
- What one thing you to learn this year?

Teach signal for quiet attention – body freeze or other to teach about a signal. Examples: Chime, raised hand, rain stick, signal word, clapping pattern [Signal and Response list](#).

6. **Morning Meeting** (carpet, circle, designated area etc.) 10-15 minutes Helps students meet their needs for belonging, significance, and develop a positive sense of community – “Our morning meetings will help us get ready for our work together each day. We’ll practice some key skills.”



- Greeting and Sharing - students take turns introducing themselves by stating their names - "Good morning my name is Lara". Teach and model Just Like Me. This category game can help students make connections with each other. A category from the survey that students completed is named by the teacher. For example, "I have a sister". Anyone who also has a sister stands up and says, "Just like me!" and then sits back down. Another category is named and those who connect with it stand up. The goal is to find inclusive categories so that many people stand up, as well as more person categories that help students connect with others.
- Morning Message - teacher written message - teacher reads, then everyone reads. "September 5, 2017, Good Morning, Everyone. Welcome to xxx grade. I'm excited for us to begin our year together! What are some things that you like to do or are interested in learning? Your teacher

#### **7. Transition Back to Seats (teach procedures about transitions)**

#### **8. Literacy Block**

- Introduce your classroom library - show several books from different genre
- Have students find a book or story
- Independent reading (20-30 minutes)
- Teach partner chat, turn and talk, or talk with an elbow partner "With a partner talk about one idea you read about?"
- Practice the signal
- Go over expectations of where to put materials and how to use them

#### **9. Energizer** help students get re-energized and refocused Brainbreak

Activity: Teacher calls out one task at a time and partners complete that task. Tasks should be called out in the order provided without making physical contact.

- High five right, high five left, low five right, low five left
- High ten, low ten, backwards ten high, backwards ten low



- Tunnel ten (feet apart, back to back, reach between legs and hit low ten)
- Sole of shoes right, sole of shoes left
- Elbow right, elbow left, both elbows

Partners repeat the tasks beginning with the first task each time.  
Have students repeat sequence as fast as they can with accuracy.

#### 10. **Snack** model cleanup routine

#### 11. **Outside Time (or Tour the School)**

- Teach, model and practice CRPBIS procedures and expectations for hallway, assembly, bathroom, going to the office, playground, cafeteria, going outside
- Teach and play a game
- Reflect on how it went

#### 12. **Writing**

- Teach and model the process of getting materials and putting them away
- Introduce Writing Journals, Portfolios or Writing Folders
- Explain that writers use journals to jot down ideas and write drafts. Orally brainstorm together - "I know a lot about..."  
Have students write these topics in their journals.

#### 13. **Lunch (Adjust according to COVID-19 protocol)**

- Explain and model process for lining up for lunch and assign seats or buddies
- Model what to talk about
- May want to stay with students first day to help with learning expectations

#### 14. **Mindful Moment** 10-15 minutes to reset and have a smooth transition to afternoon learning

- Two - three choices - stop after 2-3 minutes to reflect on how this time is going (draw, read, activity that was done in the morning)

#### 15. **Read Aloud** 10 -15 minutes - Teacher read favorite or The Mysterious Benedict Society, The Top Ten Ways to Ruin the First Day of School, Bud, Not Buddy, Because of Mr. Terupt, Extra Credit



Let's Talk!

- Guide students in creating mental images of events, making predictions, ask open-ended questions, vocabulary. Ask how might things be different if...
- Ask students to “turn and talk” to a partner about a question you have asked.

## 16. Math Block

- Practice the signal
- Explore books and materials using Guided Discovery Process

### Guided Discovery

This is an inviting way to introduce students to materials, classroom or school areas or activities. You may use this to introduce a learning center, a specific material, or an activity.

- Introduction - the teacher names the material, area, or activity in a way that piques students’ curiosity.
- Generating and modeling ideas - the teacher asks for student’s thoughts on how they might use a material or area or do an activity and then models a few of their ideas.
- Exploration - Students actively explore and try out various ideas while the teacher observes, reinforces, and redirects if necessary.
- Sharing - Students share their explorations and observations in response to a focused question from the teacher
- Cleanup and care of materials - When the Guided Discovery is complete, the teacher asks students for ideas on how to up away materials and clean up work areas.
- Reflection - students talk about how the activity went and what could be done differently next time.

## 17. Relationships Activity: “I Am” Project

Students can create a poster or poem to describe themselves. It can be helpful to give students sentence starters to spur their thinking and writing.

There are endless possibilities, but a few examples include:

- I love \_\_\_\_\_ because \_\_\_\_\_
- I wonder \_\_\_\_\_



- I am happy when \_\_\_\_\_
- I am scared when \_\_\_\_\_
- I worry about \_\_\_\_\_ because \_\_\_\_\_
- I hope to \_\_\_\_\_
- I am sad when \_\_\_\_\_
- In the future, I will \_\_\_\_\_

Collect and have students complete and share the next day.

**18. Dismissal Logistics** Build in time for end of day routines

- Take home folder- notes/forms for home
- Bus tags/walkers/riders
- Go over expectations for getting the room ready to leave - chairs up, papers picked up, etc.
- Gather coats and belongings
- Transition to the circle

**19. Closing Circle** (Same area as morning meeting - carpet, circle, etc.)

- Share the purpose with students - Finishes the day on a positive note and reminds students that they are part of a community
- Invite each student to share one thing they enjoyed about school today or what puzzled them
- Preview tomorrow's learning

**20. Dismissal** Review and model CRPBIS procedures and expectations for dismissal behavior. Walk students out.



## 4-6<sup>TH</sup> GRADE SAMPLE DAILY SCHEDULE

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### DAYS 2-4 SAMPLES

#### HAVE THE SCHEDULE AND LEARNING TARGETS POSTED

1. **Greet students at the Door** You need to have a positive and predictable presence.
2. **Mindful Moment** Create a few moments of calm to begin the day (puzzles, books, coloring, teacher choice) while students are eating breakfast.
3. **Establish Arrival Routines** Introduce what the expectations are for coming into the room, attendance, lunch count, turning in homework/paperwork
4. **Morning Meeting Emphasize the value of Morning Meeting.**  
**Greeting and Sharing**
  - Students take turns introducing themselves by stating their names.
  - OR
  - Introduce the importance of greetings and say "A good greeting is a valuable real world skill." When you interview for college or a job, the first impression you give can make a huge difference and one of those first impressions will come from your greeting.
  - OR
  - Partner chats - give all students symbol/color coded cards and have them find their partner and discuss one of the following: A favorite book, movie, or song, place you want to visit someday, favorite after school activity, pets or animals, **foods, least favorites**

Clarify CHAMPS/DiSC Expectations for Morning Meeting

The CHAMPS/DiSC acronym stands for:

- **Conversation** Can students talk to each other during this activity?
- **Help** How do students get the teacher's attention and their questions answered?
- **Activity** What is the task/objective? What is the end product?
- **Movement** Can students move about during this activity?
- **Participation** How do students show they are fully participating? What does work behavior look/sound like?
- **Success** When students meet CHAMPS/DiSC expectations, they will soar to success!
- Create a chart with the expectations and post it.
- Morning Message - teacher written message - student reads to themselves before meeting  
Examples:
  - Good morning 4th, 5th, 6th graders! Welcome back for the 2nd day of school. We're going to explore a math concept today and I'll introduce you to a new math tool. What would you like to learn in math this year? Let's have another great day.  
OR
  - Good morning 4th, 5th, 6th graders! Ask an intriguing question or preview of the day  
OR
  - Message about CHAMPS/DiSC
  - Transition back to seats - Remind and model how to do this

## 5. Create Learning Goals - Hopes and Dreams

### Day 2

These are individual goals that students will work on. State your own hopes and dreams for them this year. Have students brainstorm ideas as a group before settling on their own. Have students their goal and illustrate it. Review that students' goals are realistic and specific. Sample learning goals, I'd like to read a book that's at least 100 pages long, research a person who has





made a difference in the world, learn to multiply and divide fractions, try a new science experiment this year, make some new friends this year, get better at working in a group (grade appropriate).

### **Day 3**

Share Learning Goals - Post on Wall

### **Day 4**

Connect Learning Goals to Classroom Rules. Begin by saying, You've had a chance to read everyone's learning goals. Let's start thinking of some rules that can help us work together really well and allow everyone to reach their goals. Work with a partner (student chooses) and brainstorm (no right or wrong). Have them share with total group and you record ideas. Coach students to state them positively. Keep these posted and return to them on Monday. Ask students to think about if they want to add more.

6. **Energizer** help students get re-energized and refocused  
[Brainbreak](#)
  - Go over expectations
7. **Literacy Block**
  - Review the reading program and talk about the focus of reading this year
  - Whole class, guided reading, shared reading, independent reading
  - Turn and talk with an elbow partner "With a partner talk about something you would like to read about this year."
  - Teach procedures, routines and CHAMPS/DiSC expectations
  - Group work - Model expectations for working in a group.
8. **Outside**
  - Teach, model and practice CRPBIS procedures and expectations for hallway, assembly, bathroom, going to the office, playground, cafeteria, going outside
  - Teach and play a game

## 9. Writing

- Introduce Writing Journals, Portfolios or Writing Folders
- Teach and model getting materials and putting them away
- Have students review and add to their lists to write about. Practice Partner chats about this.

OR

- Teach and model the writing process
- Pre-writing, First Draft, Rereading and Revising, Teacher Conference

OR

- Brainstorm ideas about one topic from the Personal Survey (day 1). Begin writing a draft.
- OR
- Continue writing on the draft

## 10. Lunch (Adjust according to COVID-19 protocol)

Review and model CRPBIS procedures and expectations for the lunchroom and playground. Talk about how the first day was and how the time can continue in a positive manner.

## 11. Mindful Moment (Teacher serves as a model to students) 10-15 minutes to reset and have a smooth transition to afternoon learning

- Two - three choices. (Read, continue illustrating learning goals, drawing, etc.)

## 12. Read Aloud 10 -15 minutes - Teacher read favorite or The Mysterious Benedict Society, The Top Ten Ways to Ruin the First Day of School, Bud, Not Buddy, Because of Mr. Terupt, Extra Credit. Ask students to "turn and talk" to a partner about a question you have asked.

## 13. Teach Collaboration and Communication Skills

Students' learning time is richer when they collaborate -and collaboration is crucial to success in today's world. Throughout the year, students will work with partners and in small groups sharing ideas, building with blocks, doing puzzles, quizzing each other on vocabulary/math facts, completing an assignment.



Let's Talk!



Using modeling, teach the following:

- Speaking Skills
  - Look at the person
  - Speak clearly - using a friendly tone and appropriate voice volume
  - Politely asking people to repeat what they said if you didn't hear them or understand
  - Share an idea and Stay on topic
- Listening Skills
  - Focus attention on the speaker
  - Keep body calm
  - Avoid interrupting
- Taking Turns
  - Have student practice the skill working in pairs. Use interactive modeling to show students how to do this. Have students practice and reinforce their efforts. Example: Students are in pairs practicing a math skill. They need to take turns.
- Exchanging Ideas with a Partner (Partner Chats, Elbow Partner, Turn and Talk)

Example: When students are previewing books, they can each talk with a partner about one thing they notice or about a part they liked or would change.

Praise - give a compliment and Question - ask something about the book.

#### 14. Math Block

- Practice the signal, review the procedures for using math materials
- Math activity - multiplication facts, preview of math goal for week
- Model using computers - log on, log off, care of

#### **Introduce Assignment Expectations**

Academic Climate Activity: Students are able to ask the teacher questions on expectations for assignments. Teacher shares

examples of rubrics, high-level and low level assignments and provides the standard of the importance of always trying.

- Give a simple assignment
  - Model and practice writing down the assignment
  - Know where to put the completed assignment
  - How to get help when it is needed
- Continue to use positive language
  - Continue to use envisioning language
  - Reinforcing Language - positives that you saw about students working together.

#### 15. **Dismissal Logistics** - Build in time for end of day routines

- Take home folder- notes/forms for home
- Bus tags/walkers/riders
- Go over expectations for getting the room ready to leave - chairs up, papers picked up, etc.
- Gather coats and belongings
- Transition to circle

#### 16. **Closing Circle (carpet, circle, etc.)**

- Share the purpose with students - Finishes the day on a positive note and reminds students that they are part of a community (link)
- Invite each student to share one thing they enjoyed about school today. What was an accomplishment today or what could you do differently?
- Preview of tomorrow's learning.

#### 17. **Dismissal Review** and model CRPBIS procedures and expectations for dismissal behavior. Walk students out.



Let's Talk!



# 7-12<sup>TH</sup> GRADE SAMPLE DAILY SCHEDULE

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## MAGIC

### *Mentoring Achievement of Goals and Inspiring Champions*

**Rationale** It is essential to create positive relationships with all your students from day one and keep those relationships strong throughout the year. Contained within this document are strategies for getting to know your students and to strengthen your personal relationship and connection with all students.

### Day 1

Greet Students at the Door - Smile, Good Morning, air high-five...

**Ice Breaker** Ways to get to know your students

**Do Now** Getting to Know Each Other Bingo or Random Questions. Partners will be assigned based upon Bingo or Random Questions categories for the "Me" assignment. (Suggested time: 10 minutes)

**Transition Activity** (estimated time 7 minutes) This activity is designed to help the student more fully transition and be with the class, so classroom can work efficiently and collaboratively. It is also designed to alert us to any important issues that might be distracting the student. Within this activity, students have these options:

**Transition Starter Ideas** ("I'm excited about trying....." "This morning I realized...." "Today I'm hoping....")

- Student may speak a thought or a feeling that has their attention



- Student may choose to write silently, think, or simply sit. Some students value quiet, reflective time to help them be here now. If the student's preference is silence, allow.
- Each student has a chance to speak once. Teacher will inform class that there is two minutes left. At that point students may speak a second time if they wish.
- Debrief and reflect- (2minutes) Some questions might be:
  - What did you think about this activity?
  - Did you think this activity was helpful today? Why or why not?

**Independent** Students will complete answers to Me Page Questions. (Suggested time: 10 minutes)

**Pair Share** Have students share answers with their bingo or random question partner. (Suggested time 3-5 minutes)

**Whole Group** Class meets together and everyone introduces their partner to the rest of the class and one of the things about them. (Suggested time: 10 Minutes)

**Teacher Model Bio** Poem Handout and Sample. Teacher will model and then release students to complete. Upon completion, ask for volunteers to share out. ( Suggested time 10-15 minutes)

**Anchor Activity "Social Media Profile"** Students will complete Facebook Template, Instagram or Snapchat Profile. Teacher should also complete and share theirs with student. Once completed showcase and create a classroom Group. (This assignment can be completed as homework.) Upon completion, showcase profiles in the class or hallway if student is comfortable.

**Closing Activity** (10minutes) "Chalk Talk" Explain to students this is a silent activity, and all comments should be written on sticky notes and placed on the board or wall by the teacher. Class can then discuss results.



Sample questions for Chalk Talk:

- What did you learn today?
- How can we create a positive classroom environment?
- How can we involve the community in the school?

## Day 2

Greet students with an inviting approach- nod, smile, good morning.....

**Transition Activity** Whole Group

**Transition Prompt** "Something that's taking a lot of my attention right now is....."

**Goal of Transition** To start class and help students set aside distractions. There are three opportunities for students during this activity: one is to speak thoughts so they may release them and feel more connected to the here and now. Another is to share a current feeling, insight, or question in the context of the work they are about to do. And lastly an opportunity to sit in silence and mentally and emotionally release distractions privately.

**Who Inspires You?**

**Do Now** Students will brainstorm a list of famous people that they admire.

**Group Collaboration** Review the list with your group, and create categories for ways to sort them into various categories; for example you could sort by gender, nationality, sport/ industry etc.

**Independent** Pick one of the famous people and write him or her a letter (although you may not ever send it). Why did you choose this

person? Would you like to meet him or her someday? Here's your opportunity to prepare for that conversation. The purpose is to create a connection between your life and his or hers.

**Essential Questions to consider:**

- Why do you want to meet this person?
- What questions do you want to ask?
- What stories do you want to share?
- Is there anything that you want to replicate about them in your life?

Every profession has "rules of the game." Think of the one person you selected, and pick one thing that they do. For example if you picked Rhianna, what are the rules of choreographing a dance video, or singing songs that millions of people want to sing and dance to? If you picked Stephen Curry, and you wanted to focus on playing basketball, then you might focus on the rules of basketball."

Write down the most essential rules that govern the activity. Along with a partner, share these rules and discuss. The goal is to be specific, to help someone else learn how to play or practice with you.

**Small Group** Now that you have a little more practice establishing the "rules of the game," collaborate with your group to determine the rules for this class.

What are the 5-10 essential guidelines that you all agree to in order to run a smooth, productive, team-oriented, and productive classroom; build a learning community; and establish a long-term culture of student leadership in your class and school?

**Whole Group** After creating these classroom rules, be sure you help enforce them and abide by them each day of class.





## Day 3

Greet Students at Door (Have a classroom greeting established)

### Opening Activity Hopes and Fears

**Objective** To surface expectations and concerns in order to begin building a classroom community, safety and trust in ongoing activities. To see that fears and hopes are shared by others, and once they are spoken, they will be addressed.

### Steps

- **List** Ask all students to reflect and write a list of fears or concerns, and a list of hopes for the school year. (1-3 minutes)
- **Share Fears** Ask for volunteers to share out, teacher will chart them for the class (3 minutes)
- **Share Hopes** After group shared fears, use different color marker to chart hopes. (3 minutes)
- **Debrief and reflect** (5-8 minutes)

After asking the questions below, invite students to write down some personal notes and reflections about this activity.

- Did you notice anything surprising/interesting while doing this activity?
- Why do you suppose we did this activity at the beginning of class?
- Why did we list fears first? What could happen if we listed hopes first?
- Why do you think everyone was asked to do this activity? What might it accomplish?

**Transition Activity** Compass Points Activity- An exercise in knowing your learning style.



- North- The direction of Action- “Just do it!” Motivates and challenges others to get work started or keep it moving, tries new things
- South- The direction of Caring- wants everyone’s feelings to be considered and their opinions before acting. Communicator, negotiator.
- East- The direction of the Big Picture- wants to speculate about many possibilities before taking action. Connects their work with the purpose of organization.
- West- The direction of Detail- wants to know the who, what, when, where, and why before acting. Reliable to get things done and organized.

Students will decide which four “directions” most closely describes their personal learning style and gather with others at the chart paper representing that compass point. They will then spend 10 minutes answering the following questions as a small group and noting their answers on chart paper.

- What are the strengths of your style?
- What are the limitations of your style?
- What do students from other “directions” or styles need to know about you so you can work together effectively?
- What do you value about the other styles?
- What catch phrase/ symbol/ hashtag/ or mascot would represent your direction and why?

**Transition to Next Activity** Teacher will discuss the importance of self-awareness and style to be able to create Audacious Goals by modeling the difference between audacious and obtainable.

**BAG** Big Audacious Goal

**Do Now** Students will write three goals that they want to achieve in life. These goals should be over the top.



## Independent Reflection

### Essential Questions

- What are 3 skills you most need to develop in the next few years in order to reach your goal?
- What are the challenges that you anticipate will play a role in your life? Write down at least 1 personal, economic, and social or cultural.
- Who do you count on? Who will you need in your corner? Who will you need to be there, even when you may feel alone?
- State at least 3 resources on whom you will most depend and explain why.

**Small Group Activity** In Groups of four, one student per compass direction gather and discuss their Big Audacious Goals and determine if indeed it is audacious or if it is obtainable (5-10 minutes).

Upon completion, ask for volunteers to discuss some of the goals of their group members not their own.

### Closing Activity Exit Reflection

- Discuss something you learned about a classmate.
- What did you learn about yourself?
- How will you use your “direction” to support classmates?

## Day 4

Greet students

**Whole Group** Transition Starter Activity- Allows everyone to have an opportunity to speak before the onset of class. Here are a couple of ideas to start your discussion (5-10 Minutes)

- “This morning I realized.....”
- “Thinking about the BAG Activity we did yesterday, I wondered.....”

**Do Now** What kind of positive behavior do you need to obtain your **BAG** Big Audacious Goal?

Students will do a Pair-Share to discuss the positive behavior traits that are needed to obtain their BAG. The students will discuss whether there are similarities among the traits that each of them picked. The students will then agree on one positive behavioral trait that is needed to obtain their BAG and share out with the whole class. The teacher will write the traits on the board.

As a whole discuss the traits that the students have suggested. Now write PBIS on the board and ask the students if they know what the acronym means or if they have seen this before. Now write the acronym: Positive Behavior Intervention Support. Ask the students about ways we can support each other in executing the positive behavior not only in the classroom but in the school (hallways, bathrooms, cafeteria, Quaker Room, Social Room) that will help us obtain our BAG. Our behavior is part of our image. Ask the students what they think people see when they look at them. Have the students write individually what they think people think when they see them. Then have the students independently write what they WANT people to see when they see them. Have the students look at both lists and determine if there are similarities on those lists.

What people think when they see us is our BRAND. Ask the students to give examples of easily identifiable brands. What do you think of when you see these brands? Now, take the list of what you want people to think when they see you and create a poster of what you want your BRAND to be. Be prepared to write a 25-word narrative regarding your BRAND.





## Rules of the Game (Example)

Rules for Healthy Eating	Rules for Exercise
Rules for Healthy Relationships	Rules for a Safe School

## Closing Quotes Activity

**Purpose** To close out class. Use this activity at the end of the week. It is a quick way for students to connect the work they have completed.

**Preparation** Print out the closing quotes you want to present to students. Suggested website [www.nsrharmony.org/free-resources/protocols/A-Z](http://www.nsrharmony.org/free-resources/protocols/A-Z) and cut them out.

### Sample quotes

"I have a dream..."

-Martin Luther King, Jr.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

-Margaret Mead

"All humanity is one undivided and indivisible family, and each one of us is responsible for the misdeeds of all the others."

-Gandhi

"I was taught that the world had a lot of problems; that I could struggle and change them; that intellectual and material gifts brought the privilege and responsibility

of sharing with others less fortunate; and that service is the rent each of us pays for living – the very purpose of life and not something you do in your spare time or after you have reached your personal goals.”

-Marian Wright Edelman

“The only thing necessary for evil to triumph is for good men to do nothing.”

-Edmund Burke

“There’s no use in trying,” she said: “one can’t believe impossible things.” “I daresay you haven’t had much practice,” said the Queen. “When I was your age, I always did it for half-an hour a day. Why, sometimes I’ve believed as many as six impossible things before breakfast.”

-Lewis Carroll

“We must accept finite disappointment, but we must never lose infinite hope.”

-Martin Luther King, Jr

## Steps

- **Distribute** 2-3 quotes to each student
- **Reflect (2 min.)** Ask each student to read and pick the one that speaks to them
- **Share (10 min.)** Once time is up, ask a volunteer to read their quote and talk about how it relates to them
- **Close (1 min.)** Tell students to keep their quotes as a way to remember what was accomplished this week together and as way to inspire them.



Notes



Let's Talk!

57



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