



Dear Parent/Guardian,

As your partners in education, the Lansing School District Board of Education has approved a unit in the Michigan Model for Health called *Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention, A Module for Grades 9-12*. These lessons were selected after careful scrutiny by parents, teachers, students, clergy, and medical personnel from our community. The unit will be taught beginning the week of **(Date)** in your child's health class.

Your child will have the opportunity to learn the following:

- Skills on having positive relationships with friends and family;
- How to set goals;
- Effective communication with family/trusted adults about sexual decisions and potential consequences;
- Personal limits and how to communicate them to peers;
- Information and prevention tips on Sexually Transmitted Infections;
- Methods for reducing STIs and/or pregnancy (Abstinence, condoms, etc.);
- How to identify, avoid, and/or escape risky sexual situations; and
- Emotional, social, health, financial, and legal consequences of sexual activity.

The unit will give your child information and opportunities to build health skills that will prevent STIs and pregnancy, however, we need your help! You are your child's first and most important teacher. Your child will be encouraged to talk to you and ask questions. Interviews with a parent or another trusted adult will be assigned as homework in order to promote open communication. By working together, schools and families can effectively equip children to develop healthy habits and avoid health risks. Please read attached materials for more information on the unit or the opt-out request form.

You may make an appointment to review the unit materials or observe the class being taught, if you wish. You may have your child excused from any of the lessons without penalty if you decide that is best. Students excused will be given an alternative health assignment of equal grade value. Please contact Mike Rebec, Health and Sex Education Coordinator at michael.rebec@lansingschools.net or Susan Wheeler, Director of Health and Wellness at susan.wheeler@lansingschools.net if you have any questions or concerns. For more information, please visit the District Website under the *Departments/Office of School Culture/Health Education/Sexuality Education* tab.

We are looking forward to working together to keep our youth healthy.

Sincerely,

Susan Wheeler

Susan Wheeler, R.N., Ph.D.
Director of Health and Wellness

Mike Rebec

Michael Rebec
Health and Sex Education Coordinator

Eaton RESA, in collaboration with the Lansing School District, was awarded the Pregnancy Prevention Partnership (P3) grant by the Michigan Department of Community Health. This grant includes an evaluation to show how the curriculum is helping our students develop healthy behaviors. Anonymous student demographic data will be included in the evaluation that has been designed to protect each student's privacy. No school or student will be mentioned in any reported results. The results of this evaluation will help how students are taught healthy behaviors in the future. In addition to the provided unit, the grant funding will support parent education about pregnancy prevention as well as a youth advisory group to advise on making the P3 Project relevant, appealing to youth, and culturally competent.