

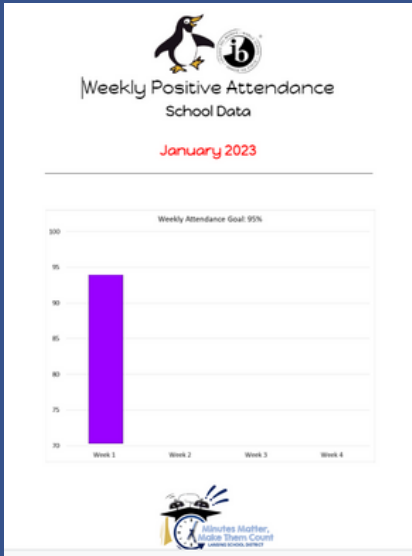
PENGUIN POST



20 January 2023



517-898-1266

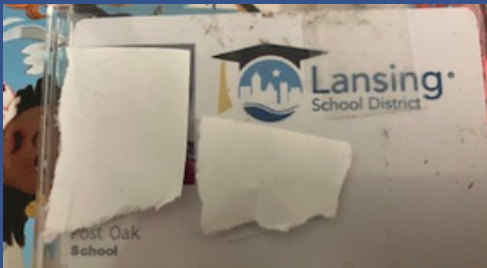


INQUIRY INTO POST OAK

SECOND SEMESTER WILL BEGIN ON MONDAY, JANUARY 23, 2023. PYP STUDENTS (K-5) WILL BE DOING A HOMEROOM SWITCH. STARTING ON MONDAY, STUDENTS WILL BEGIN THEIR MORNINGS IN THE OPPOSITE CLASSROOM. THIS IS ONE WAY TO BALANCE INSTRUCTIONAL TIME DUE TO THE SCHEDULING OF DIAFL (MUSIC, ART, PE, AND LIBRARY) CLASSES. PLEASE CONTACT YOUR CHILD'S TEACHER IF YOU HAVE ANY QUESTIONS.

STUDENT ATTENDANCE

A SHOUT-OUT TO OUR PENGUIN FAMILIES! WE HAD 11 CLASSES OVER 90% ATTENDANCE! WOO-HOO!!!



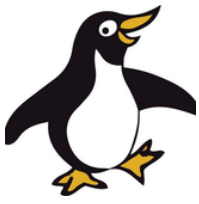
NAME TAGS

Please help your child/children remember their nametags. We have about 1/3 of our students who have to be manually entered in the morning for arrival and it is making for long lines and late starts. Maybe attach it to a backpack? THANKS/Xiexie!



CARING REMINDERS

- **JAN 23-** START OF SECOND SEMESTER HOMEROOM SWITCH
- **JAN 24-** WORLD CELEBRATION NIGHT @ EASTERN HIGH SCHOOL STUDENTS ARRIVE AT 5:45PM . PLEASE WEAR THE COLOR **RED**



20 January 2023

IB UPDATE

517-755-1610

LEARNER PROFILE ATTRIBUTE

THE LEARNER PROFILE
ATTRIBUTE FOR THE MONTH OF
JANUARY IS BEING BALANCED.

THIS MONTH, WE HAVE BEEN
FOCUSING ON UNDERSTANDING
THE IMPORTANCE OF BALANCING
OUR PHYSICAL, EMOTIONAL, AND
INTELLECTUAL WELL-BEING.

YOUR CHILD CAN TAKE ACTION
TO SHOW THAT HE/SHE'S BEING
BALANCED BY:

- EATING A HEALTHY DIET OR TRYING DIFFERENT TYPES OF FOOD
- SETTING AND ACHIEVING GOALS
- LISTENING TO DIFFERENT POINTS OF VIEW
- ENGAGING IN FUN ACTIVITIES AND REGULAR EXERCISE
- ENGAGING IN FAMILY AND COMMUNITY ACTIVITIES
- GETTING ENOUGH SLEEP

PICTURE BOOKS THAT PROMOTE BEING BALANCED

- BIG RABBIT'S BAD MOOD- RAMONA BADESCU
- BURGER BOY- ALAN DURANT
- A FINE, FINE SCHOOL- SHRON CREECH
- THE GIRL WHO NEVER MADE MISTAKES- MARK PETT
- THE GREAT PAPER CAPER- OLIVER JEFFERS



"WE WORK HARD
AND PLAY HARD"