



The Penguin Press

Post Oak Academy IB/Chinese Immersion
Authorized K-5 PYP World School & 6-8 MYP School of Candidacy

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Volume 14 Issue 4

December 4, 2020

Important Dates

December

- 2-A Day
- 3-CRPBIS Mtg via Meet
- 7-PTA 6-7pm via Zoom
- 9-A Day
- 14-18 Virtual Holiday Spirit Week!
- 15-School Improvement Meeting 4-5pm via Zoom
- 16-A Day
- 21-25 Winter Break
- 28-31 Winter Break

Please contact the main office if you would like the links to the CRPBIS or SIT Meetings!

If you are communicating an absence, please make every effort to notify the office via email or phone!

Attendance Reminders

When your child is absent from screen to screen learning for any reason, please continue to contact the main office to report those absences. You may call, leave a voicemail or email Mrs. Carpenter. Teachers are not able to excuse absences of any type. This is addressed by the office staff. If an absence is not reported, it will be considered "unexcused."

A Day Tips!

Here are a few tips to help you navigate through A Day:

- Check your Google Classwork for any unfinished assignments!
- Turn in work as you finish it!
- Engage in recorded art, music & PE lessons!
- Access options posted by your teachers!
- Inquire about something interesting to you!
- Take time to move away from the screen throughout the day!

Being Balanced

During 2nd Marking Period on S2S Learning, it is important to remain balanced. Remember to take time away from the screen after LIVE sessions, incorporate breaks for exercise and relaxation. It is important to take care of your social and emotional needs, as well as to focus on academic achievement. We understand how challenging it may be to feel well-balanced. If your child is experiencing any difficulties, support is available through the school. Please reach out to Ms. Edmond, Student Support Specialist, with any concerns.

Holiday Spirit Week

- 12/14-Holiday Sweater Day
- 12/15-Post Oak Spirit Wear!
- 12/16-A Day to wear PJs!
- 12/17-Holiday Head Gear!
- 12/18-Holiday Flannel Day!



Did you know...your wrapping paper from the holidays can be dropped in the Post Oak Paper Gator? Any paper contributions help us earn funds for school materials and student activities—and it helps the environment!

Winter Fest Holiday Quest

PTA is coordinating a Winter Fest Holiday Quest! Please join in on a virtual scavenger hunt to win a Family Movie Night! See their flyer for details. Any questions can be emailed to:

pta.postoak@gmail.com

CRPBIS Team Parent Representative Needed!

Our Cultural Responsive Positive Behavior Intervention Support Team is looking for a parent representative to join our collaborative group! We meet monthly to review our school data and support systems to better meet the needs of our Post Oak Penguins. Please inquire with Mrs. Ojerio via email if you are interested in joining the team!

Xie xie, Mrs. Ojerio





Caring-The Learner Profile Attribute of the Month

“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.”

Desmond Tutu

During the month of December, Post Oak will focus on the Learner Profile attribute, **CARING**. Being caring, according to the IB Learner Profile, means being someone who “shows empathy, compassion, and respect towards the needs and feelings of others. They have a personal commitment to service, and act to make a positive difference in the lives of others and the environment.”

I am kind and helpful towards others and the environment!

A key part of this definition is the word “compassion”. Meaning we want students to not only understand how others feel, but take action based on this empathy. At Post Oak we use the words “I am kind and helpful.”

Here are some suggested ways to help develop your child’s compassion and caring towards others both inside and outside the classroom setting:

1. **Challenge yourself to smile more.** – Remind your child that a smile is a small action that can have a huge impact on someone else.
2. **Open the door for someone.** – Encourage your child to hold the door open for someone else and remember to smile.
3. **Motivate Others.** – Teach your child encouraging words, such as “You did it!”, “Way to go!”, and “You can do it!”.
4. **Show acts of kindness.** – Attempt to practice at least two different acts of kindness a day. This could include donating clothes to the poor, time to help serve meals, or maybe just taking a minute to hold the door open for someone else. The possibilities are endless!
5. **Spend time with friends and family.** Model for your child the importance of setting aside time to catch up with family and friends.
6. **Share a hug, handshake, or elbow bump.** Help your child to utilize hugs, handshakes, and or elbow bumps with family and friends in a variety of situations in order to show others that they care.

7. **Incorporate “Thank you” into your daily routine.** – Manners matter! . Incorporate the phrase “thank you” into more of your routine activities. Gratitude is something that should never be left unspoken.
8. **Help someone with their “to do” list.** – To-do lists seem to be endless, encourage your child to volunteer to help someone out with his or her chore list.

Here are some books you can read with your child to encourage them to be CARING:

“What Can I Do Today”

Alice Stoutland

“Thank You Mr. Falkner!”

Patricia Pollaco

“Wilford Gordon McDonald Partridge”

Mem Fox



Wilfrid Gordon McDonald Partridge
Written by Mem Fox
Illustrated by Julie Vivas

iBelieve—Together we can make a world of difference!