

GSRP Penguin Planner



Teacher:

Xiao Laoshi

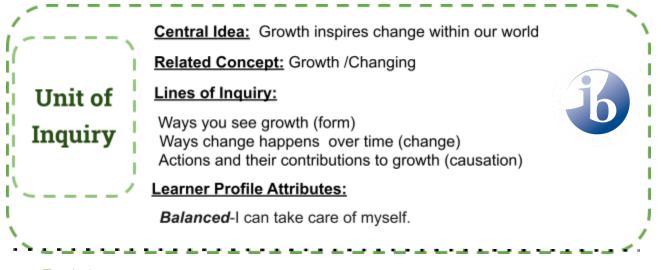
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Mrs. Freds-Villa

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Week of 1/30/2023



English

This week, the children finished up their discussions centered around the I.B. Attribute of the month: balanced. They balanced their bodies while playing Simon Says, walking along an invisible balance beam and stacking miniature building blocks to see how many they could balance before their tower fell over.

The children were also inspired to recall their knowledge from the beginning of the school year, talking about community helpers/jobs after speaking about the weather. We talked about how it was so cold that the Mayor of Lansing said we had to be careful when going outside. So, Principal Kolar *made a rule* that it was too cold to play on the playground.

This led to a reading of "Sofia Valdez, Future Pres". A story of a little girl who activates her community to "get rid of Mount Trashmore", which circled back around to discussions about how Gregory (from "Gregory, the Terrible Eater") would eat the junk from Mount Trashmore and not have a healthy, balanced meal.

The children also asked questions about Sofia Valdez's favorite musician, Sade…which led to internationally-minded discussions about how Sade was born in Nigeria and lives in England. Have a great weekend!

Chinese

This is a cold week ! 🏶 🏶 🏶 We had three days of indoor recess in a row! Some children were absent due to sickness. Please stay warm and healthy! 🤎

The children explored the idea of "being balanced" through the lens of staying healthy mentally and physically. We talked about the feeling of stress and provided some scenes to better explain the question "what is it like for children to be stressed". The children brainstormed some ideas to help relieve stress, such as taking a deep breath and talking with family members, etc. We tried to make a stress ball, but I guess I bought the wrong type of balloon, so it didn't work out lol. It would be a fun family activity to make a stress ball together!

The children also did an experiment to find out how soap keeps germs away and get a better understanding of why we need to wash our hands to keep us healthy. We used different colors of glitter as pretending germs and reviewed the color vocabulary in Chinese. The children were excited to see the Q-tips with soap dipped in the container and "scared" away the "germs". It was a fun and meaningful activity!

The rest of the two days we mainly focused on reviewing how to eat a balanced diet. The children enjoyed making patterns with food and cutting straight lines and curved lines from left to right to match the food picture. Their fine motor skills have improved a lot!

Reminder & Updates

Field Trip
March 23 : 10-11:30 : Potter Park
Permission Slips
Sign & Return : Hard Copy in Folder, Digital Copy in E-mail
Valentine's Day
-We will celebrate in class
-If parents want to come celebrate, they must complete a volunteer
form, if not done already
-All parents scan i.d. at Post Oak
Office

